評価対象論文リスト(要因:能動喫煙、アウトカム:循環器病)

評価判定日:2023/12/20

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■コホート研究（コホートのプール解析含む）

Reference			Study subjects						Category	Number among cases	Relative risk (95%CI or p)	Confounding variables considered	**Magnitude of association**
Author	Title	Year	Study period	Number of subjects	Source of subjects	Event followed	Number of incident cases or deaths	Participant's race					
Honjo et al.	The effects of smoking and smoking cessation on mortality from cardiovascular disease among Japanese: pooled analysis of three large-scale cohort studies in Japan	2010	1980-1990	140,026 males and 156,810 females	JPHC Study I Ⅱ, TPCStudy, JACCStudy: General population	CVDdeath	3131 stroke deaths, 1497 CHD deaths, and 4628 CVD deaths	Japan	1-1(日本人集団のプール解析)		Current Smoker vs never-smoker : Men all CVD 1.51 (1.38 to 1.64) CHD 2.19 (1.79, 2.67) All Stroke 1.24 (1.10,1.41) SAH 2.39(1.53-3.73) WOMEN all CVD 1.85 (1.65, 2.06) CHD 2.84 (2.24, 3.60) All Stroke 1.70 (1.44, 2.01) SAH 2.93(2.15-3.98)	age and cohort	All CVD:moderate↑↑ CHD:strong ↑↑↑ Stroke:weak～moderate ↑↑ SAH:strong↑↑↑
Mannami et	Cigarette smoking and risk of stroke and its subtypes among middle-aged Japanese men and women: the JPHC Study Cohort I	2004	1990-2001	19 782 men and 21 500 women	JPHC Study : General population	Stroke incidence	MEN 702 WOMEN 447 MEN Ischemic327 SAH73 WOMEN Ischemic161 SAH92	Japan Asia Oseania	2(日本人集団のコホート研究)		Current Smokervs never-smoker : Men All Stroke 1.27 (1.05–1.54) Ischemic 1.56 (1.17–2.10) SAH 3.60 (1.62–8.01) WOMEN All Stroke 1.98 (1.42–2.77) Ischemic 1.57 (0.86–2.87) SAH 2.70 (1.45–5.02)	age alcohol intake body mass index history of diabetes education level sports at leisure frequency of fruit, vegetable, and fish servings and public health centers	Stroke:weak～moderate ↑↑ Ischemic Stroke: moderate ↑↑ SAH:strong↑↑↑
Baba et al.	Cigarette smoking and risk of coronary heart disease incidence among middle-aged Japanese men and women: the JPHC Study Cohort I	2006	1990-2001	19 782 men and 21 500 women	JPHC Study Cohort I: General population	CHD incidence	MEN 260 WOMEN 66 MEN MI 174 SuddenDeath 63 WOMEN MI 43 SuddenDeath 16	Japan	2(日本人集団のコホート研究)		Current Smoker vs never-smoker : All CHD: Men 2.85 (1.98, 4.12) WOMEN 3.07 (1.48, 6.40)	age, alcohol intake, frequency of fruit, vegetable and fish servings, previous histories of hypertension and diabetes, treated hyperlipidemia, education years, and public health centre	CHD:strong↑↑↑
Iso et al.	Smoking Cessation and Mortality from Cardiovascular Disease among Japanese Men and Women: The JACC Study	2005	1988-1999	94,683 (41,782 men and 52,901 women)	JACC Study: General population	CVDdeath	CVD death: Men1,555 Women 1,155 MEN 698 stroke deaths, 348 CHD death, WOMEN 550 stroke deaths, 199CHD death	Japan	2(日本人集団のコホート研究)		Current Smoker vs non-smoker : Men all CVD 1.60 (1.39, 1.84) All Stroke 1.39 (1.13, 1.70) CHD 2.51 (1.79, 3.51) SAH 2.98 (1.34, 6.63 WOMEN all CVD 2.06 (1.69, 2.51) All Stroke 1.65 (1.21, 2.25) CHD 3.35 (2.23, 5.02) SAH 3.25 (1.92, 5.52)	:age, body mass index, ethanol intake, hours of walking and exercise, hours of sleep, no. of years of education, perceived mental stress, frequencies of fruit and fish intake, and histories of hypertension and diabetes	All CVD:moderate ↑↑ CHD:strong ↑↑↑ Stroke:weak～moderate ↑↑ SAH:strong↑↑↑
Kondo et al.	Smoking and smoking cessation in relation to all-cause mortality and cardiovascular events in 25,464 healthy male Japanese workers	2011	2000-2008	25,464 healthy male Japanese workers	Male workers	CVD incidence	ALL CVD incidence115 stroke 73, MI 37	Japan	2(日本人集団のコホート研究)		Moderate smoker (11-20/day-) vs non-smoker : all CVD2.94 (1.65 – 5.63) stroke 2.46 (1.26–5.25), MI 3.93 (1.29–17.0) Heavy smoker (21/day-)vs non-smoker : all CVD3.25 (1.69 – 6.54) stroke 2.21 (0.97–5.19), MI 5.82 (1.80–25.9)	age, systolic blood pressure, total cholesterol, fasting plasma glucose level depending on the status of smoking	All CVD, MI, STROKE: strong ↑↑↑
Ueshima et a	Cigarette smoking as a risk factor for stroke death in Japan: NIPPON DATA80	2004	1980-1994	8929 subjects (3972 men and 4957 women).	NIPPON DATA80: General population	Stroke Death	203 stroke deaths, 191 IHD deaths, and 413 CVD deaths	Japan	2(日本人集団のコホート研究)		Heavy smoker (21/day-)vs non-smoker : MEN : all CVD2.00 (1.24–3.31) stroke2.17 (1.09–4.30), IHD 4.25 (1.42–12.8) WOMEN:all CVD2.35 (0.85–6.50) stroke3.91 (1.18–12.90) IHD:N/A	age, systolic blood pressure, body mass index, serum total cholesterol, drinking habit, and diabetes. habit, and diabetes.	All CVD, MI, STROKE: strong ↑↑↑
Akter et al.	Smoking, Smoking Cessation, and Risk of Mortality in a Japanese Working Population - Japan Epidemiology Collaboration on Occupational Health Study	2018	2010-2017	79114 (men and women)	Japan Epidemiology Collaboration on Occupational Health Study: WORKERS	CVD death:	CVD death: 63	Japan	**2(日本人集団のコホート研究)**		Smoker (21/day-)vs non-smoker : all CVD :2.45 (1.01–5.91) Current smokervs non-smoker : all CVD 1.79 (0.99–3.24)	age, sex, and worksite, BMI (kg/m2), hypertension, diabetes, and dyslipidemia	all CVD:moderate～strong↑↑↑

Woodward e	Smoking, quitting, and the risk of cardiovascular disease among women and men in the Asia-Pacific region	2005	1961-1999	463 674 Asians (33% female) and 98 664 Australasians (45% female).	MIXED	CVD, IHD, Strroke events (fatal or non-fatal)	8490 CVD deaths (3010 CHD death 3131 stroke death) 1173 non-fatal MI, 2799 non-fatal stroke	Japan Australia NewZealandChina Hong KongSingapore Taiwan South Kore	3(アジア集団のプール解析)		Current Smoker vs non-smoker : all CVD1.42(1.36–1.48) CHD 1.60 (1.49–1.72) STROKE1.19 (1.06–1.33)	age and systolic blood pressure after stratification by sex and study.	All CVD:weak ↑ MI:moderate ↑ ↑ STROKE: weak ↑

■メタ解析

Reference			Include study					Design	Category	Relative risk (95% CI or p)	**Magnitude of association**
Author	Title	Year	No of study included	Year	design	Study location	Event (*Definition)				
Lee et al.	The relationship of cigarette smoking in Japan to lung cancer, COPD, ischemic heart disease and stroke: A systematic review	2018	IHD :9study STROKE :7study	Published in 1990-2010	cohort or case-control(at least 100 CVD cases)	Japan only	IHD(CHD/AMI) and/or STROKE	random-effects meta-analysis	1-2(日本人集団のメタ解析、系統的レビュー)	CurrentSmoker vs Never-smoker:IHD 2.21 (1.96–2.50) STROKE 1.40 (1.25–1.57) Ex-Smoking vs Never-smoker: IHD 1.46 (1.24–1.71) STROKE 1.05 (0.96–1.15) IHD CurrentSmoker(5 cigs/day) vs Never-smoker:1.71 (1.50–1.94) CurrentSmoker(20 cigs/day) vs Never-smoker: 1.91 (1.55–2.35) CurrentSmoker(45 cigs/day) vs Never-smoker: 2.70 (2.16–3.39) Stroke CurrentSmoker(5 cigs/day) vs Never-smoker:1.38 (1.15–1.65) CurrentSmoker(20 cigs/day) vs Never-smoker: 1.29 (1.07–1.56) CurrentSmoker(45 cigs/day) vs Never-smoker: 1.64 (1.21–2.22)	IHD:strong ↑ ↑ ↑ STROKE:weak ↑