

評価対象論文リスト(要因:食物繊維、アウトカム:死亡)

評価判定日:2024/5/31

①既存の系統的レビュー・メタ解析・統合解析

1	Ramezani F, Pourghazi F, Eslami M, et al. Dietary fiber intake and all-cause and cause-specific mortality: An updated systematic review and meta-analysis of prospective cohort studies. <i>Clinical Nutrition</i> . 2024;43(1):65-83. doi:10.1016/j.clnu.2023.11.005
2	Mirrafiei A, Jayedi A, Shab-Bidar S. Total and different dietary fiber subtypes and the risk of all-cause, cardiovascular, and cancer mortality: a dose-response meta-analysis of prospective cohort studies. <i>Food Funct</i> . 2023;14(24):10667-10680. doi:10.1039/D2FO04024G
3	Yao F, Ma J, Cui Y, et al. Dietary intake of total vegetable, fruit, cereal, soluble and insoluble fiber and risk of all-cause, cardiovascular, and cancer mortality: systematic review and dose-response meta-analysis of prospective cohort studies. <i>Front Nutr</i> . 2023;10:1153165. doi:10.3389/fnut.2023.1153165
4	Hajishafiee M, Saneei P, Benisi-Kohansal S, Esmailzadeh A. Cereal fibre intake and risk of mortality from all causes, CVD, cancer and inflammatory diseases: a systematic review and meta-analysis of prospective cohort studies. <i>Br J Nutr</i> . 2016;116(2):343-352. doi:10.1017/S0007114516001938
5	Liu L, Wang S, Liu J. Fiber consumption and all-cause, cardiovascular, and cancer mortalities: A systematic review and meta-analysis of cohort studies. <i>Molecular Nutrition Food Res</i> . 2015;59(1):139-146. doi:10.1002/mnfr.201400449

②日本人集団の個別疫学研究

6	Katagiri R, Goto A, Sawada N, et al. Dietary fiber intake and total and cause-specific mortality: the Japan Public Health Center-based prospective study. <i>The American Journal of Clinical Nutrition</i> . 2020;111(5):1027-1035. doi:10.1093/ajcn/nqaa002
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