評価対象論文リスト（要因：肉・赤肉・加工肉、アウトカム：認知症・認知機能低下）

評価判定日：2024/5/31

①既存の系統的レビュー・メタ解析・統合解析

1	Solfrizzi V, Custodero C, Lozupone M, et al. Relationships of dietary patterns, foods, and micro- and macronutrients with alzheimer's disease and late-life cognitive disorders: a systematic review. Journal of Alzheimer's Disease. 2017;59(3):815-849. doi:10.3233/JAD-170248
2	Zhang H, Hardie L, Bawajeeh AO, Cade J. Meat consumption, cognitive function and disorders: a systematic review with narrative synthesis and meta-analysis. Nutrients. 2020;12(5):1528. doi:10.3390/nu12051528

③有力な研究

3	Yamada T, Kadekaru H, Matsumoto S, et al. Prevalence of dementia in the older Japanese‐Brazilian population. Psychiatry Clin Neurosci. 2002;56(1):71-75. doi:10.1046/j.1440-1819.2002.00931.x

■メタ解析、系統的レビュー

Reference			Include study						Design	Category	Relative risk (95% CI or p)	Weight	**Magnitude of association**
Author	Title	Year	Ref No.	First author	Year	Study period	Study location	Event (*Definition)					
Solfrizzi V	Relationships of Dietary Patterns, Foods, and Micro- and Macronutrients with Alzheimer's Disease and Late-Life Cognitive Disorders: A Systematic Review	2017	41	Ozawa M	2017	1985-2009	japan	Incidence	Cohort	dietary pattern score Ref: T1 T2 T3	1.00 (Reference) -0.36（-0.39～-0.33) -0.37(-0.40～-0.33)	記載なし	↓↓↓
										dietary pattern score Ref: T1 T2 T3	1.00 (Reference) -0.28（-0.33～-0.22) -0.29(-0.35～-0.24)	記載なし	↓↓↓
										dietary pattern score Ref: T1 T2 T3	1.00 (Reference) -0.40（-0.44～-0.36) -0.40（-0.44～-0.36)	記載なし	↓↓↓
										dietary pattern score Ref: T1 T2 T3	1.00 (Reference) -0.35（-0.37～-0.32) -0.35(-0.38～-0.32)	記載なし	↓↓↓