

## 評価対象論文リスト(要因:ソーシャルサポート、アウトカム:うつ病)

評価判定日:2023/12/22

### ①既存の系統的レビュー・メタ解析・統合解析

1	Tengku Mohd TAM, Yunus RM, Hairi F, Hairi NN, Choo WY. Social support and depression among community dwelling older adults in Asia: a systematic review. <i>BMJ Open</i> . 2019;9(7):e026667. doi:10.1136/bmjopen-2018-026667
2	Gariépy G, Honkaniemi H, Quesnel-Vallée A. Social support and protection from depression: systematic review of current findings in Western countries. <i>Br J Psychiatry</i> . 2016;209(4):284-293. doi:10.1192/bjp.bp.115.169094

### ②日本人集団の個別疫学研究

3	Kim B, Jun H, Lee J, Kim YM. Social support, activities of daily living, and depression among older japanese and koreans immigrants in the u. S. <i>Social Work in Public Health</i> . 2020;35(4):163-176. doi:10.1080/19371918.2020.1761922
4	Sasaki Y, Aida J, Tsuji T, et al. Pre-disaster social support is protective for onset of post-disaster depression: Prospective study from the Great East Japan Earthquake & Tsunami. <i>Sci Rep</i> . 2019;9(1):19427. doi:10.1038/s41598-019-55953-7
5	Kim BJ, Nakaoka S, Underwood C. The impacts of social support and cognitive function on depression among community-dwelling older japanese americans. <i>Social Work in Public Health</i> . 2017;32(2):82-93. doi:10.1080/19371918.2016.1188747
6	Tsuboi H, Hirai H, Kondo K. Giving social support to outside family may be a desirable buffer against depressive symptoms in community-dwelling older adults: Japan gerontological evaluation study. <i>BioPsychoSocial Med</i> . 2016;10(1):18. doi:10.1186/s13030-016-0064-6
7	Saijo Y, Chiba S, Yoshioka E, et al. Synergistic interaction between job control and social support at work on depression, burnout, and insomnia among Japanese civil servants. <i>Int Arch Occup Environ Health</i> . 2015;88(2):143-152. doi:10.1007/s00420-014-0945-6
8	JSTRESS Group, Tsuno K, Kawachi I, et al. Long working hours and depressive symptoms: moderating effects of gender, socioeconomic status, and job resources. <i>Int Arch Occup Environ Health</i> . 2019;92(5):661-672. doi:10.1007/s00420-019-01401-y

■ 系統的レビュー

下記の論文: Table 3 (Summary of findings for the association between social support and depression)の内容を記載

Tengku Mohd TAM, Yunus RM, Hairi F, Hairi NN, Choo WY. Social support and depression among community dwelling older adults in Asia: a systematic review. BMJ Open. 2019;9(7):e026667. doi:10.1136/bmjopen-2018-026667

	Ang and Malhotra <sup>12</sup>	Chen and Zeng <sup>13</sup>	Chien and Chool <sup>14</sup>	Lee et al. <sup>15</sup>	Liang et al. <sup>16</sup>	Li et al. <sup>17</sup>	Li et al. <sup>18</sup>	Ng et al. <sup>19</sup>	Piboon et al. <sup>20</sup>	Shin et al. <sup>21</sup>	Sutthijit et al. <sup>22</sup>	Tiedt <sup>23</sup>	Tsai et al. <sup>24</sup>	Tsutou <sup>25</sup>	Wang et al. <sup>26</sup>	Wee et al. <sup>27</sup>	You et al. <sup>28</sup>	Chao <sup>29</sup>	Chen et al. <sup>30</sup>	Chen et al. <sup>31</sup>	Chou and Hashimoto	Koizumi et al. <sup>33</sup>	
<b>Structural</b>																							
Marital status		+			+	+							+		+								
Living arrangement	0	0	0	-			+/-	+/-	-	-	+				0	+	+	0	+	0	+		
Size of network	0	0	+/-						-	+			+		0	0	+	0	0	0			
Composition	-			+													+/-						
Sources of social support						+			+		0		+/-			0	+/-		+/-	0	0		
Frequency of social contact	0	0	+	+		+		+	-	-	0		0		0	0	+	0	+	0	0		
Children nearby				-																			
<b>Functional</b>																							
Type of support	+/-	+/-				+/-		0	-	+	+/-		+/-		0	+	0	0	0	0	+/-	+/-	
Confidant	0	0					+	+	+	+	+		+		+	+	+	+	+	+			
Satisfaction		+			0	0		0	0		-		-		+	+	+		+				
Overall social support	+/-	+	+	+	+	+	+	+	+	+	+		+	+/-	+	+/-	+/-	+	+	+	+/-	+/-	
Perceived/received	R	P	P	R	P	P	P	P	P	P	P	P	P	R	P	R	R	P	P	P	P	P	

\*0'=not reported; '+'=significant; '-'=not significant; 'P'=perceived; 'R'=received

■ メタ解析、系統的レビュー

Reference		Include study					Design	Category	Relative risk (95% CI or p)	Magnitude of association
Author & Title	Year	Ref No.	First author	Year	Study period	Study location				
Garie' py. Social support and protection from depression: systematic review of current findings in Western countries.	2016				Pooled analysis of 14 populations		Mixed	Children	OR 0.20 (0.19, 0.20)	↓↓↓
					Pooled analysis of 14 populations		Mixed	Adults	OR 0.74 (0.72, 0.76)	↓
					Pooled analysis of 27 populations		Mixed	Elderly	OR 0.56 (0.55, 0.57)	↓↓
							Mixed	Overall	OR 0.53 (0.52, 0.54)	↓↓↓