

評価対象論文リスト(要因:自覚的ストレス、アウトカム:うつ病)

評価判定日:2023/9/29

①既存の系統的レビュー・メタ解析・統合解析

1	LeMoult J, Humphreys KL, Tracy A, Hoffmeister JA, Ip E, Gotlib IH. Meta-analysis: exposure to early life stress and risk for depression in childhood and adolescence. <i>Journal of the American Academy of Child & Adolescent Psychiatry</i> . 2020;59(7):842-855. doi:10.1016/j.jaac.2019.10.011
2	Cristóbal-Narváez P, Haro JM, Koyanagi A. Perceived stress and depression in 45 low- and middle-income countries. <i>Journal of Affective Disorders</i> . 2020;274:799-805. doi:10.1016/j.jad.2020.04.020
3	Stroud CB, Davila J, Moyer A. The relationship between stress and depression in first onsets versus recurrences: A meta-analytic review. <i>Journal of Abnormal Psychology</i> . 2008;117(1):206-213. doi:10.1037/0021-843X.117.1.206
4	Desta M, Memiah P, Kassie B, et al. Postpartum depression and its association with intimate partner violence and inadequate social support in Ethiopia: a systematic review and meta-analysis. <i>Journal of Affective Disorders</i> . 2021;279:737-748. doi:10.1016/j.jad.2020.11.053
5	Gariépy G, Honkaniemi H, Quesnel-Vallée A. Social support and protection from depression: systematic review of current findings in Western countries. <i>Br J Psychiatry</i> . 2016;209(4):284-293. doi:10.1192/bjp.bp.115.169094
6	Rueger SY, Malecki CK, Pyun Y, Aycock C, Coyle S. A meta-analytic review of the association between perceived social support and depression in childhood and adolescence. <i>Psychological Bulletin</i> . 2016;142(10):1017-1067. doi:10.1037/bul0000058
7	Van As BAL, Imbimbo E, Franceschi A, Menesini E, Nocentini A. The longitudinal association between loneliness and depressive symptoms in the elderly: a systematic review. <i>International Psychogeriatrics</i> . 2022;34(7):657-669. doi:10.1017/S1041610221000399

②日本人集団の個別疫学研究

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9	Noguchi T, Saito M, Aida J, et al. Association between social isolation and depression onset among older adults: a cross-national longitudinal study in England and Japan. <i>BMJ Open</i> . 2021;11(3):e045834. doi:10.1136/bmjopen-2020-045834
10	Takagi D, Kondo K, Kawachi I. Social participation and mental health: moderating effects of gender, social role and rurality. <i>BMC Public Health</i> . 2013;13(1):701. doi:10.1186/1471-2458-13-701

③有力な研究

11	Kendler KS, Karkowski LM, Prescott CA. Causal relationship between stressful life events and the onset of major depression. <i>AJP</i> . 1999;156(6):837-841. doi:10.1176/ajp.156.6.837
12	Lancaster CA, Gold KJ, Flynn HA, Yoo H, Marcus SM, Davis MM. Risk factors for depressive symptoms during pregnancy: a systematic review. <i>American Journal of Obstetrics and Gynecology</i> . 2010;202(1):5-14. doi:10.1016/j.ajog.2009.09.007

13	Hammen C, Kim EY, Eberhart NK, Brennan PA. Chronic and acute stress and the prediction of major depression in women. <i>Depress Anxiety</i> . 2009;26(8):718-723. doi:10.1002/da.20571
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19	Ge L, Yap CW, Ong R, Heng BH. Social isolation, loneliness and their relationships with depressive symptoms: A population-based study. Khan HTA, ed. <i>PLoS ONE</i> . 2017;12(8):e0182145. doi:10.1371/journal.pone.0182145
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21	Chiao C, Weng LJ, Botticello AL. Social participation reduces depressive symptoms among older adults: An 18-year longitudinal analysis in Taiwan. <i>BMC Public Health</i> . 2011;11(1):292. doi:10.1186/1471-2458-11-292

■メタ解析、系統的レビュー

Reference			Include study				Design	Category	Relative risk (95% CI or p)	Weight	Magnitude of association	
Author	Title	Year	Ref No.	First author	Year	Study period	Study location					Event (*Definition)
LeMoult	Meta-analysis: Exposure to Early Life Stress and Risk for Depression in Childhood and Adolescence	2020				Pooled analysis of 62 journal articles		Depression before 18	Mixed	Early life stress vs. depression	OR 2.50 (2.08, 3.00)	↑ ↑ ↑
										Note that the stress includes pretty much everything		
Cristóbal-Narváez	Perceived stress and depression in 45 low- and middle-income countries	2020				Pooled analysis of 25 journal articles		perceived stress (exposure) and depression (outcome)	Cross-sectional	Depression in low and middle-income countries	OR 1.40 (1.35 1.44)	↑